

Allergy Sinus & Arthritis Clinic. PLLC

Muhammad Imran, MD Appointment: 832-648-7779 Fax: 832-838-1819 www.allergysinusarthritis.net

Skin Testing Drug Guidelines

****Diagnostic skin tests cannot be done if the patients are taking the following medications**

You must consult with referring physician or allergist prior to stopping any medications

Medications to Withhold	Length of Time to Withhold
Topical anti-inflammatory or steroid (creams, lotions, gels, ointments, or solutions)	Do not apply the morning of the test
Long-lasting antihistamines Cetirizine (Zyrtec), fexofenadine (Allegra), desloratadine (Clarinet), levocetirizine (Xyzal), loratadine (Claritin), hydroxyzine (Atarax/Vistaril) <i>↳ 2 weeks</i>	Withhold 7 days prior to testing
Other antihistamines Actifed (chlorpheniramine), Dimetapp (brompheniramine) and Benadryl (diphenhydramine), <i>Tylenol-PM, Unisom.</i>	Withhold 5 days prior to skin testing
Nasal and eye medications Patanase/Pataday/Patanol (olopatadine), Astepro/Optivar/Astelin/Dymista (azelastine)	Withhold 2 days prior to skin testing
Biologics Xolair (omalizumab)	Withhold 6 months prior to skin testing
Miscellaneous Zantac (ranitidine), Pepcid (famotidine), and Tagamet (cimetidine), <i>Nizatidine.</i>	Withhold for 1 day prior to skin testing
Psychiatric Medications Amitriptyline (Elavil), clomipramine (Anafranil), desipramine (Norpramin), doxepin (Sinequan), imipramine (Tofranil), nortriptyline (Pamelor), protriptyline (Vivactil), and trimipramine (Surmontil) have antihistaminic activity	Withhold for 2 weeks prior to skin testing
Nausea Medications Promethazine, <i>Prevacid</i> Dramamine (dimenhydrinate)	Withhold for 5 days prior to skin testing
Muscle Relaxants Flexeril (cyclobenzaprine)	Withhold 2 weeks prior to skin testing

x If there are any questions whether or not you are using an antihistamine, you may ask your nurse or physician. In some instances, a longer period of time off these medications may be necessary. If the condition requires continuous administration of any of the above medications or if you have a questions about a certain medication, please notify use so we may discuss this and determine whether alternative tests are indicated.

The following medications can be taken prior to skin testing

<p>Nasal Steroids Flonase/Veramyst (fluticasone), Rhinocort (budesonide), Nasonex (mometasone), Nasacort (triamcinolone), Omnaris/Zetonna (ciclesonide), QNASL (beclomethasone), and Nasarel (flunisolide)</p>	<p>Asthma Inhalers Inhaled steroids Albuterol/Atrovent rescue inhalers Albuterol/Atrovent nebulizers</p>
<p>Leukotriene Receptor Antagonists Singulair (montelukast) Accolate (zafirlukast) Zyflo (zileuton) *Should be avoided prior to challenges</p>	<p>Theophylline Theo-Dur, T-Phyl, niphyl, Theo-24</p> <p>Prednisone *Should be avoided prior to challenges</p>